

Estonian social service quality guidelines: Our experience and challenges

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Estonia



Establishing quality guidelines and standards

Constitution, Laws

Ministerial degree/regulation and other legislative acts

3

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The quality guidelines drawn up by the Social Insurance Board

4

The quality requirement established by the contract

5

The quality requirement established by service providers

Service specific guidelines

- 1. Women's Support Center
- 2. Special Care Services
- 3. Social Rehabilitation
- 4. Substitute Care
- 5. Institutional Care
- 6. Shelter
- 7. Housing Assurance
- 8. Childcare
- 9. Children's Shelter Service

10. Safe Temporary Accommodation for Adults

- 11. Foster Family
- 12. Personal Assistant Service
- 13. Aftercare
- 14. Closed Childcare Institution
- 15. Home
- 16. Social Transport
- 17. Support Person
- 18. Adult Care
- 19. Debt Counseling

The main principles of the quality of social services

- Availability, Affordability, and Service Environment
- Person-Centered and Integrated Approach
- Empowerment, Involvement, and Human Rights
- Results-Oriented Approach
- Employee Competence and Ethics
- Organizational Management and Quality

Role of Social Insurance Board

- Issuing operating licenses to service providers in Estonia.
- Carrying out supervision over service providers as well as over local municipalities.
- Consulting and empowering local municipalities, service providers.
- Providing for soft legislation: guidelines, cost models, FAQ-s etc.

*Types of infringments in institutional care service

- Absence of the care plan;
- Obligation to notify of changes in circumstances related to economic activities;
- Requirements for care workers, e.g qualification standards;
- Expanding businesses and moving clients to new housing without operational license;
- Ignoring the ministerial regulation no 36, from 19.06.2023.

*General improvements

- the requirements for the service were specified;
- the requirements for the number of employees (care workers per client) have been specified, will be valid from 01.07.2026;
- service providers have had to review the care needs of all clients.

General norm



- Requirements for the housing
- Requirements for employees
- Requirements for activities
- Nursing requirements
- Catering requirements, etc



- Clear direction: vision of development
- Measurable objectives
- Expected results
- Evaluation
- Quality principles integrated
- Systematicity
- Awareness

Challenges

- Soft legislation is not obligatory
- In institutional care the prices have gone up
- Not enough capacity to supervise all providers
- Ignorance by clients not knowing their rights
- Not enough resources
- Backlog in digitalization



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Thank you!

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